

DEPARTMENT OF ENGLISH
B. P. Chaliha College, Nagarbera

Internship Report-2025

2025



"An internship is not just a period of learning, but a bridge between academic knowledge and professional practice — where real-world experiences shape responsible, skilled, and socially aware individuals."

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1. Introduction

Internship is a vital part of professional education, especially in the field of social work, where theoretical knowledge must be tested and strengthened through real-life experiences. It provides a unique opportunity for students to observe, understand, and participate in ongoing community development work. In this context, a 25-day internship program was organized by **Amar Prayas Gosthi**, a community-based NGO working in Kamrup District (Assam), for the students of **5th Semester, Dept of English, B.P. Chaliha College, Nagarbera**, under the academic session 2025–2026. The internship was held from **05 July to 30 July 2025** and aimed to offer students practical exposure to various social work practices, with a strong focus on child Protection and care, Disaster Management, and rural development.

The internship program was designed to immerse students in a range of field activities that reflect the real-world challenges and responsibilities faced by NGOs working at the grassroots level. It allowed students to work closely with different stakeholders such as **village heads, ward members, Anganwadi workers, ASHA workers, and Self-Help Groups**, thereby enriching their understanding of rural governance and development. Through interactive sessions, community outreach, observation visits, and awareness programs, the interns were able to learn how NGOs function as a bridge between the government and the community, especially in areas where access to basic rights and services is limited.

With guidance and mentorship from **Mr. Anowar Hussain** (Internship Supervisor) and **Prof Arun Kr Sarkar** (HoD & Mentor), the students were able to actively engage in every activity and reflect on their own learning and growth. This report presents a detailed account of the activities carried out during the internship, observations made, knowledge gained, and suggestions for future improvements. It aims to highlight the overall impact of the internship on both the students and the communities they served.

2. About the NGO – Amar Prayas Gosthi

AMAR PRAYAS GOSTHI is located in Guwahati Assam. AMAR PRAYAS GOSTHI is registered as a Society at Guwahati of state Assam with Ngo unique registration ID 'AS/2014/0077080'. The NGO registration is done by Registrar of Societies with registration number RS/KAM/240/A-8/614 on the date of 2007 February 4th Sunday, its parent Organisation is Paul Foundation. The Chairman of AMAR PRAYAS GOSTHI is Anowar Hussain and Chief functionary officer is Anowar Hussain.

3. Activities Carried Out During the Internship

The internship program was thoughtfully structured to include a variety of activities that ensured active participation, exposure, and learning. The following major activities were conducted:

a) Orientation Program on NGO and Child Issues

The internship began with a comprehensive orientation session that introduced the interns to the structure, mission, and ongoing initiatives of Amar Prayas Gosthi. The session also included an in-depth discussion on major child-related issues prevalent in rural areas, such as child labour, malnutrition, early marriage, and lack of access to education. Interns were made aware of the

NGO's approach to addressing these challenges through advocacy, education, and community involvement. This session helped set the context for the entire internship and provided students with a clear understanding of their roles, responsibilities, and learning objectives during the fieldwork period.



b) Interaction with Village Head and Discussion on NGO Activities

The interns visited selected villages and held interactive meetings with village heads (gaonburhas) and ward members to discuss the developmental challenges faced by the local communities and how the NGO was addressing them. These interactions highlighted the importance of local governance and the role of community leaders in the successful implementation of social welfare programs. Interns gained insights into how collaboration

between NGOs and village-level authorities can bring about positive changes in health, education, and child protection.

c) Visits to Anganwadi Workers, ASHA Workers, SHGs, and Ward Members

As part of their field exposure, the interns met and interacted with key grassroots workers including Anganwadi workers, ASHA workers, Self Help Group (SHG) members, and ward-level representatives. Through these visits, the interns were able to observe how services related to nutrition, maternal and child healthcare, and women empowerment are being delivered at the community level. They learned about the practical challenges these workers face, such as limited resources, communication barriers, and the need for continuous community engagement to sustain awareness and participation.

d) Pamphlet Distribution in Public and Marketplaces

The interns organized and participated in a community outreach initiative by distributing informative pamphlets to the general public in village areas and marketplaces. These pamphlets contained simple messages related to child rights, hygiene, government schemes, and available health services. This activity enhanced the interns' communication skills and taught them how to convey messages effectively to people from diverse backgrounds, especially in areas with low literacy levels.

e) Observation Visit to Child Home, Boko

A significant part of the internship involved a visit to the Child Home located in Boko. During this visit, interns observed the care, protection, and rehabilitation services provided to vulnerable and rescued children. They learned about the institutional support systems in place, legal procedures for child protection, and the emotional and psychological needs of children who have experienced trauma. This exposure helped the interns develop a deeper sense of empathy, along with an understanding of the complexities involved in child welfare and institutional care.

f) Awareness Program on Disaster Management

The interns organized and conducted a community-level awareness program focused on disaster preparedness and management. Given the vulnerability of rural Assam to natural disasters like floods and landslides, this session was well-received by the community. Interns educated the public on emergency response strategies, basic first-aid, safety kits, and the

importance of preparedness at the household and community level. This activity improved the interns' capacity to facilitate public sessions and reinforced the role of awareness in reducing disaster-related risks.

g) Observation of Early Childhood Care and Education (ECCE) Day

To promote the importance of early childhood learning, the interns actively took part in observing ECCE Day with children at Anganwadi centres. They organized various fun and educational activities such as drawing, storytelling, singing, and games aimed at stimulating early development. This hands-on experience emphasized the value of play-based learning in shaping young minds and reinforced the need for trained caregivers and parental involvement in early childhood education.

h) Workshop on Report Writing Skills



Toward the end of the internship, the interns attended a workshop on professional report writing. The session was aimed at improving their documentation, analysis, and presentation skills, which are crucial for any social work professional. Interns were guided on how to structure reports, write field notes, analyze data, and present findings in a clear and impactful

manner. The workshop also covered ethical considerations in documentation and helped students prepare this final internship report.

4. Observations

Throughout the 25-day internship, the interns observed that Amar Prayas Gosthi plays a significant role in bridging the gap between the community and government welfare schemes, especially in rural areas. The organization has established strong relationships with key local stakeholders such as village heads, ward members, ASHA workers, Anganwadi workers, and Self-Help Groups, all of whom contribute actively to community development. During field visits, it became evident that while there is growing awareness about health, hygiene, and education, many rural families still lack adequate knowledge about child rights and government programs. The interns noted that Anganwadi and ASHA workers are working diligently but face challenges like limited resources and low community participation in some

areas. The visit to the Child Home in Boko revealed the critical need for emotional care, protection, and rehabilitation for vulnerable children, as well as the importance of long-term reintegration support. Additionally, community members showed genuine interest in the disaster management awareness session, highlighting a need for more such educational initiatives. Overall, the interns gained valuable insights into the complex realities of rural life, the dedication of grassroots workers, and the impactful role NGOs like Amar Prayas Gosthi play in promoting social welfare and child development

5. Learning Experiences

The 25-day internship at Amar Prayas Gosthi offered a rich and transformative learning experience for the interns from Dept of English, B.P. Chaliha College, Nagarbera. Through active field engagement, the interns were able to apply their academic knowledge to real-life situations, gaining deeper insights into the practical aspects of social work. They learned how a grassroots NGO functions, from planning and implementing programs to mobilizing community resources and collaborating with various stakeholders. The interactions with village heads, ward members, and local workers helped them understand rural governance structures and the importance of coordination in developmental activities. Visiting Anganwadi and ASHA workers allowed interns to witness the challenges faced in providing health and nutrition services, while also learning how to communicate sensitively and effectively with beneficiaries. The awareness campaigns and pamphlet distribution activities enhanced their public communication, teamwork, and event organization skills. Participating in the disaster management program taught them how to educate communities on preparedness and risk reduction, while the observation of ECCE Day deepened their understanding of the significance of early childhood care and education in a child's development. The visit to the Child Home in Boko was especially impactful, as it exposed interns to the emotional and psychological needs of rescued and vulnerable children, teaching them about empathy, non-judgmental attitudes, and the need for protective environments. The workshop on report writing strengthened their documentation and analytical skills, which are essential for any social worker. Overall, the internship cultivated in them a sense of social responsibility, improved their critical thinking, and inspired them to be more proactive, compassionate, and committed in their journey as future social work professionals.

6. Conclusion

The 25-day internship at Amar Prayas Gosthi was a transformative experience for the students of Dept of English, B.P. Chaliha College, Nagarbera. The program successfully merged classroom knowledge with field realities, instilling confidence, empathy, and professionalism among the interns. The guidance provided by **Mr. Anowar Hussain** and **Prof Arun Kr Sarkar** enriched the experience through mentorship and field exposure.

The organization remains committed to nurturing young social work professionals and acknowledges the enthusiasm, discipline, and commitment shown by the interns. We look forward to future collaborations that continue to empower communities and students alike. The entire programme was successfully concluded with certificate distribution to each successful candidates.